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Most people have a bucket list – things they want to do before they die. I have one of those, as well as a bucket list of animals I want to see. This is divided (in my head) into aquatic animals and land ones. Included on the aquatic list are manatees, manta rays, narwhals, mantis shrimp, every single type of nudibranch ever documented, and – ever since I watched David Attenborough’s incredible Blue Planet II – a leafy sea dragon.

The “land list” is a little shorter – we are very blessed to live in the animal Mecca of Africa after all – and includes a Riverine rabbit, a striped polecat, an aye-aye, a tapir, a moose and a sloth. For a long time, the two animals at the very top of that list were an aardvark and a pangolin, and I would make game rangers sigh in exasperation when I asked them to kindly find me one of each – along with everyone else’s requests for giraffe and lions.

And then, last year – after all those years of asking and waiting – I managed to tick both off the list.

Samara Game Reserve in the Eastern Cape is well known for its cheetah conservation programme, but also increasingly for its aardvark sightings. Unfortunately, I arrived at the wrong time of year to see these comical long-nosed creatures, but nevertheless, one of the game rangers indulged me and took me out on a solo late-night game drive. After 45 minutes of nothing we were about to throw in the towel – when the spotlight picked up something in the bushes. There he was, the aardvark of my dreams! Well, his bum at least. He refused to smile for the camera, but I can now say that I have officially been mooned by an aardvark! (Incidentally, the bucket list has now been updated to: “face of an aardvark”.)

Pangolins are kind of the unicorn of the African bush. Nocturnal, critically endangered due to continuous poaching for their scales, and notoriously shy, you have about as much chance of seeing an un-tagged one in the wild as you do of winning the Lotto. Which is why I honestly thought our game ranger was joking when he put his foot on the accelerator to race to the sighting. But there he was – scales, wiggly snout, pink tongue and all – having a little rest under a bush. Later that evening, when we returned to Pafuri Camp in the Makuleke Concession of the Northern Kruger National Park, even game rangers who had worked for decades were jealous of our sighting, so seldom – if ever – had they seen one themselves.

I count myself incredibly lucky to have seen these two amazing animals, and hopeful that my luck will continue this year: It makes you realise just what an amazingly rich continent we live on, and reminds you to really make the effort to get out there and experience it – while we can. Critically endangered animals, like pangolins, are always going to be hard to find. But by supporting the conservation of protected areas and doing our part to denounce poaching, we can ensure that one day, in the not too distant future, animals like zebras – or giraffe or impala – will not be on someone else’s list of virtually impossible-to-find animals.

Safe Travels

Nicky
Waterstone Lodge is a beautifully appointed and inviting boutique guesthouse, offering comfortable and stylish accommodation at affordable prices. Nestled in the heart of Somerset West, our location is ideal for holidaymakers and business guests alike. Surrounded by the unparalleled beauty of the winelands and False Bay coastline, our lodge offers easy access to wine farms, award-winning restaurants, leading golf courses, country markets and beaches - right on your doorstep.

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We recently added flights between Port Elizabeth and Durban, as well as East London and Durban, which will give more people travelling between these destinations the chance to fly. We will soon add more aircraft to our fleet as well, in order to increase the frequency of flights on some of our routes.

We will be sharing a little bit of our world with you from mid-March with a new TV commercial in which we share some of the stories from our staff and passengers. So keep an eye out for it and let us know what you think of it.

With the first quarter of 2018 quickly drawing to a close, we are in the process of preparing for the busy Easter weekend and the upcoming school holidays at the end of the month.

It’s important to remember that these peak period seats tend to sell out fast, and waiting to make a booking always works against customers. Not only do flights sell out, but ticket prices tend to rise quickly due to the higher demand during these periods. If you haven’t already done so, I urge you to book your holiday flights now in order to secure the best fares.

We recognize that there are a variety of options available to customers looking for local travel, and our aim is to remain South Africa’s favourite airline. As such, 2018 will see us continuing to focus on customer service and our employees so that we can continue to offer the most affordable, on-time and hassle-free travel solution to our customers.

As part of this, I’d love to hear about your experiences and your ideas. I’m always so grateful when our customers take the time to send us their feedback and suggestions. You can send yours to feedback@flysafair.co.za. We regularly plumb this resource for guidance on where we can improve our service in order to achieve success.

Safe travels, and we look forward to seeing you on board again soon!

Elmar Conradie
Sometimes it’s not about being the world’s most on-time airline or about offering more domestic routes than any other low-cost airline. It’s not even about offering flights from just R599*. Sometimes it’s about the smaller things. The little changes we make, which in the long run, makes a huge difference in our customers’ lives.

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It’s Grand on the Rand

THE RAND SHOW,
JOHANNESBURG EXPO CENTRE, NASREC

This year’s 10-day (30th March to 8th April) Rand Show promises to inspire and entertain with a host of top-end exhibition halls, including the Kids Expo, Into the Future Expo, Lifestyle Expo, Sports Expo, Outdoor Lifestyle, and the crowd favourite, SANDF pavilion, which features a spectacular show of demonstrations, drills, and military band performances. Some of the other draw cards include a merry-go-round, heart-pounding rides for the more adventurous, and a spine-chilling House of Horrors show with haunted movie-inspired sets, charmingly dated special effects, and lavish costumes. The event, which describes itself as “Not just another expo”, will form part of the Rand Show this year and will offer a refreshed, interactive offering with over 300 fashion, technology, food, art and hospitality exhibitors showcasing their latest products. Visit www.randshow.co.za for more information.

POP UNTIL YOU DROP

THE REPUBLIC OF MIELIEPOP, TOLDERIA RESORT, MPUMALANGA, SOUTH AFRICA

One of South Africa’s most beloved boutique music festivals returns from 21st to 24th March for its seventh year. The Republic of Mieliepop offers a laid-back four-day musical festival experience with over 90 acts performing on six different stages, catering for a wide variety of musical tastes. The festival also takes place at a one-of-a-kind picturesque venue in Mpumalanga, complete with lakes, swimming pools, caves, and green lawns filled with other beautiful, friendly festival goers. The line-up includes African Rhythm, Crimson House, Hellcats, Hello Beautiful, Julia Robert, Jonathan Peyper Trio, Miki San Tzu, Moonchild Sanelly, Runaway Nuns, and Wolfgang Marrow. Tickets are available from Plankton. Visit www.mieliepopfestival.co.za for more information.
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**FUNDERLAND FESTIVAL AND KIDZ EXPO, CAPE TOWN**

Imagine a fun-filled wonderland for young and old, a festival of fantasy, sport, exciting activities and games perfect for the entire family to enjoy. Funderland is a unique 11-day festival that promises all of this and more when the first event of its kind kicks off at the GrandWest Resort in Cape Town from 28th March to 7th April. Funderland Festival and Kidz Expo is packed with 28 different Fun Zones, featuring everything from dinosaurs, gaming and technology, and a Princess Dreamhouse to cooking fun and outdoor sports. Adding to the fun will be stage shows that include magicians, dancers and musicians. For more information, visit funderland.co.za.

**Fancy a Walk?**

**HI-TEC GARDEN ROUTE WALKING FESTIVAL, WESTERN CAPE**

South Africa’s only walking festival is becoming the “not-to-miss” event on the Garden Route over the Easter Weekend (30th March to 2nd April). It celebrates the region’s iconic walks and appeals to adventure lovers and walkers of every kind, offering an exciting programme suitable for everyone, from beginners to seasoned hikers. Traditional walks include the Brown-Hooded Kingfisher Trail or Circles in the Forest Elephant Walk. And for the more intrepid, there is a Keurbooms to Nature’s Valley walk. The Hi-Tec Coastal Pirates Treasure Hunt and the Inner Magic walk are great for kids, while other, more unusual walks include Walk with Poetry, the Yoga Walk and the Sketching in Nature walk. The festival benefits local Garden Route environmental charities and conservation projects. Visit www.walkingfestival.co.za for more information.

**Take the Music by the Horns**

**RED BULL MUSIC FESTIVAL, JOHANNESBURG**

The Red Bull Music Festival is set to raise the bar for the 2018 South African music-festival calendar with an exhilarating musical experience that takes place from 3rd to 8th April in Johannesburg. The festival will boast a blockbuster contingent of 80 local, pan-African, and global acts featuring an array of musical genres which have played a pivotal role in shaping the South African music landscape. Everyone from upcoming jazz soul sensation Langa Mavuso, and the West Coast hip-hop-inspired electro DJ Egyptian Lover, to Durban’s King and Red Bull Culture Clash winner DJ Tira, and the reggae duo Admiral and Jahseed, will be taking to the stage at the festival. Tickets are available from www.redbullmusicfestivaljhb.com.
Great Mediterranean cooking is something to be savoured, treasured and remembered. For no other cuisine can match the exotic, yet subtle flavours that make up the favourite dishes of the region. Fortunately East London is blessed with Grazia fine food & wine, a perfect venue with a superb view over the Indian Ocean just as you might expect from a world-class restaurant with a reputation for serving the finest authentic dishes, accompanied by a wide selection of wines.

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WIN
Two lucky InFlight readers (one male and one female) will each win a pair of G-Loves to the value of R650 a pair. To enter, SMS the word INFLIGHT followed by the word G-LOVES, FEMALE or MALE preference, SIZE (XS, S, M, L & XL), and your NAME & EMAIL ADDRESS to 35131. SMSs charged at R1.50. Free and bundled SMSs do not apply. Competition closes 31st March 2018. Ts & Cs apply.

THE BEST OF BLUE ROUTE MALL
With two full floors and 120 stores full of retail delight, as well as a food court filled with a variety of casual eateries that boast panoramic views of the Constantia Mountains, it’s no wonder so many people are indulging their love for shopping at Blue Route Mall in Tokai, Cape Town. Thanks to its dedication to offering customers a world-class retail experience and top-quality service levels, Blue Route Mall has succeeded in evolving into a shopping destination of choice in the Mother City. Easily accessible from major routes, Blue Route Mall is just 10 minutes from Claremont and 20 minutes from the Cape Town city centre – perfectly situated for visitors from the Southern Suburbs and beyond. So make your next shopping trip one to Blue Route Mall and experience the difference that choice, quality and convenience make.

SWAP THE BORED FOR THE BOARD
Billabong’s Sundays print boardshorts are modern, loud and fun, and epitomise everything we love about Summer – sun, sea, surf, good waves and good times. These straight-hem, short-leg boardshorts are available in Platinum X and Lo Tide fits, and are laced with disruptive colourways and prints. So there’s a Sundays pair of shorts for everyone, because let’s face it – life’s just better in boardshorts!
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Situated within the five-star Queen Victoria Hotel – just one of the many luxurious offerings that form part of Newmark Hotels, Reserves & Lodges’ V&A Waterfront portfolio – Dash Restaurant offers the ultimate in elegant fine dining. Named after Queen Victoria’s favourite pet, this sophisticated 36-seater eatery guarantees that each and every dining experience is a memorable one. Chef Albert Bronkhorst’s new menu gives diners the opportunity to indulge in well-crafted and beautifully plated dishes that mix classical cooking with hints of South African, Asian and French flavours. Combined with an intimate setting and world-class wine pairings, dining at Dash should be on the foodie bucket list of anyone who finds themselves in Cape Town. For more information, visit www.newmarkhotels.com.

CAFE UNDERGROUND

Save yourself the hassle of organising a UK visa and instead head on over to Cape Town to experience a taste of London culture. The Station on Bree, serving up a range of “unpretentious street food”, offers a casual Mediterranean-infused dining experience set in a replica of London’s own Underground. The multi-storied venue has a variety of stations and platforms located throughout, each offering specific services, from a morning coffee by artisanal brand Mischu, an end-of-day cocktail from the bar area, to a leisurely dining experience both inside or outside the venue. Enjoy live music and the bustling atmosphere of this trendy new eatery the next time you find yourself on Bree Street in the Cape Town CBD. Open Tuesdays to Sundays, 11h00 till late. For more information, visit www.thestation.capetown.

SO MUCH BETTER THAN A CARROT

Cadbury Dairy Milk has recently launched a special limited-edition Peter Rabbit Milk Chocolate Egg, filled with yummy Astros, that is sure to delight both young and old chocoholics this Easter. Also set to delight will be the movie version of the beloved Beatrix Potter storybook character Peter Rabbit, set to launch in cinemas nationwide on 30th March. This adventure filled with humour, high-jinx and heart is the story of an epic battle of wits between Peter Rabbit and Mr McGregor as they fight to gain control of the latter’s coveted vegetable garden. And now you know the perfect snack to munch on while watching it! The Peter Rabbit Cadbury Dairy Milk Chocolate Easter Egg is available from select retailers country-wide for R39.99.
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We are blessed to live in a country – and on a continent – teeming with amazing wildlife, game reserves and game lodges. So just how do you narrow them down for your next trip? It’s no easy feat, but hopefully some of our favourites will become favourites of yours too.

**1 BEST PLUNGE POOL**

When the African heat hits full force, having your own plunge pool is the ultimate luxury. The plunge pools at Azura Selous (www.azura-retreats.com) – in Tanzania’s best kept secret, the gigantic Selous Game Reserve – distinguish themselves not due to their specific make-up, but rather to their setting. The Ruaha River is home to large families of hippo, whose distinctive grunting are the soundtrack of any stay here. As each of the suites overlooks the river, a dip in your pool is usually mirrored by a hippo or two having a wallow of their own, and mere metres from you. It is a surreal and wonderful experience.

*Special mention:* When you take a dip in The Royal Suite’s pool at The River Lodge @ Thornybush (www.thornybush.co.za) there is always the chance that an elephant or two may sidle up to have a drink with you.

**2 BEST SUNDOwNER SPot**

If you’re like me, one of the highlights of any game drive is the afternoon sundowner stop – toasting the setting sun while in the middle of the bush. Some sundowner spots add a touch of dramatic scenery to the mix, and few could beat the one from atop Lanner Gorge in the Makuleke Concession, bordering the northern Kruger National Park. The gorge is a spectacular monument to the power of nature, as the Luvuvhu River has carved out its steep sides – in some places as high as 150 m – over millennia. They’ve even found dinosaur fossils here. The lovely staff from Pafuri Camp (www.returnafrica.com) put on a delicious spread to complement the spectacular view, and you may have a visit from the resident elephant shrew who has learnt that sundowners mean snacks!
There are two options of rooms to choose from when you stay at Madikwe Hills Private Game Lodge (www.seasonsinafrica.com) – those looking over the expansive plains of the Madikwe Game Reserve, and those at the foot of the kopje overlooking the waterhole. At first glance, you may think the room with the view would be the preferable option, but you’d be wrong, because this waterhole is something special. Here, virtually any animal you can think of stops by for a drink – you need only sit on your deck and wait for them to wander past. Giraffe, antelope, warthog, zebra, a host of bird species… But perhaps the most entertaining are the herds of elephants – in their number – who stroll by, especially if they have young calves with them. Few things can beat watching the joy of a baby ellie rolling in the mud, spraying water everywhere and trumpeting in delight.

**Special Mention:** Botswana’s Camp Kuzuma (www.campkuzuma.com) overlooks a waterhole that is a hive of activity all year round. So much so that it was listed as one of the 25 most interesting Earthcams in 2015.

**Best Chance of Seeing Leopard**

The Karongwe Private Game Reserve (www.karongweportfolio.com) borders the Greater Kruger National Park, but its real claim to fame is that it has the highest concentration of leopard of any reserve in South Africa. That does not necessarily mean that you will see these beautiful, elusive creatures, but you have a better chance here than possibly anywhere else. The reserve offers a number of lovely accommodation options, but our favourite is the newest addition, the five-star Becks Safari Lodge, which has wonderfully warm staff and décor that’s a little different from the rest.

**Best Bush Activities**

- No trip to Botswana’s Okavango Delta would be complete without a traditional mokoro ride through the river channels, keeping your eyes peeled for birds, reed frogs and animals – perhaps you may even spot the shy Sitatunga antelope. The river guides from Wilderness Safaris’ Xigera Camp (www.wilderness-safaris.com) in the Moremi Game Reserve are superb.
- KwaZulu-Natal's Kosi Bay lake system is best explored by motor boat in case of a run-in with a grumpy hippo, but for a quieter experience, Kosi Forest Lodge (www.kosiforestlodge.co.za) offers canoe rides up one of the smaller channels where you glide past water lilies,
serenaded by the sound of raffia palms in the wind, and keeping your eyes peeled for the endemic palm nut vulture.

- While most people don’t necessarily think of the sea when they think of the bush, iSimangaliso Wetland Park combines both. Wilderness Safaris’ Rocktail Camp (www.wilderness-safaris.com) offers guided forest walks, trips to Lake Sibaya, some of the best scuba diving in the country, and the opportunity to see Loggerhead and Leatherback turtles laying their eggs on the beach in season.

### Best Outdoor Bath

While once the selling point of many a game lodge, outside showers have become the norm these days, and instead, an outside bath has become the ultimate indulgence. Royal Chundu Island Lodge (www.royalchundu.com) takes outside wallowing to a whole new level. Situated on a private island overlooking a serene stretch of the magnificent Zambezi River, each suite boasts an expansive wooden deck, and with it a deliciously large bathtub. Come back from a sunset cruise and you will find your deck lit by the soft flickering of paraffin lamps, your bath filled with bubbles, and a bottle of bubbly chilling on ice nearby – heaven!

**Special mention:** Azura Quilalea Private Island (www.azura-retreats.com) in Mozambique also offers a fabulous outdoor bath, set up on your deck overlooking the ocean and covered in a mountain of bubbles decorated with tropical leaves and flowers.

### Best Nocturnal Animal Sightings

While South Africa is touted as the home of the Big Five, there is something to be said about ticking off some of the smaller, lesser known bush inhabitants from your “to see” list. Many of the most exciting ones wait till nightfall before they make an appearance, and undoubtedly one of the best places to spot some of these notable nocturnals is at Kwandwe Private Game Reserve (www.kwandwe.com) in the Eastern Cape. As night falls and the spotlight comes out, you will often see scrub hares bouncing across the road, plus there is always a chance that a bat-eared fox may make an appearance, or perhaps a porcupine. If luck is really on your side, you may spot the termite-eating aardwolf, which is related to the hyena, or the other termite-munching mammal, the elusive aardvark.
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**BEST WALKING SAFARI**

Exploring the bush on foot is a completely different experience from that of seeing it from the back of a game drive vehicle. For one, you are closer to the ground so that you can actually touch the plants you brush by, see the various tracks on the animal “highways” that intersect the bush, poke a fresh midden of rhino dung, and smell the unmistakeable smell of the bush. More and more lodges are offering these types of walks, but Rhino Walking Safaris (www.rhinowalking.co.za) in the Kruger National Park boasts one of the best “sleep out” experiences of these. An afternoon walk from the main camp brings you the sleep out platforms, built on elevated stilts overlooking a watering hole. While it is rustic, you can enjoy a drink around the fire before you feast on dinner from the braai and then crawl into your sleeping bag in your tent – the sides of which are made of shade cloth to allow you an unimpeded view of the stars and perhaps even a herd of elephants lit by only the light of a full moon.

**BEST CULTURAL EXPERIENCE**

Wilderness Safaris’ Kalahari Plains Camp (www.wilderness-safaris.com) is a tiny dot of a settlement in the northern part of Botswana’s Central Kalahari Game Reserve – Southern Africa’s largest game reserve, but possibly one of its least explored. It is also home to a number of bushmen settlements and what makes any stay here so special – in addition to dramatic scenery, unparalleled star-gazing and fantastic animal sightings – is the opportunity to learn more about the traditions of Southern Africa’s original indigenous people. Several members of the community visit the camp to show guests their favourite games, dances and songs. But by far the most exciting activity is to join them on a bushwalk where they will show you which plants can be used for medicinal purposes, as well as how to catch scorpions, snare birds and small animals, hunt larger ones (for show only), store water and start a fire using only sticks. They also share stories of their lives with such humour and openness, it is a truly life-changing experience.
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**Best Massage**

While just being in the bush itself does wonders to relax weary city dwellers, having a massage or two in-between game drives is certainly a worthwhile added touch of pampering. The spa at Camp Ndlovu (theresidenceportfolio.co.za) in the Welgevonden Nature Reserve sits nestled in amongst the trees, its one side permanently open so that you can look out onto the stream that meanders by, and listen to the sounds of antelope feeding on the grass outside, while the resident massage therapist works her magic. These massages, by therapists trained in Johannesburg at the camp’s sister property, The Residence – which incidentally offers arguably the best massage in the city – are a cut above the rest.

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Now in its fifth year, The World Travel Market (WTM) Africa – taking place at the Cape Town International Convention Centre from 18th to 20th April – is Africa’s leading B2B exhibition for inbound and outbound tourism markets. With over 5,000 travel-industry professionals in attendance, and approximately 77 countries and regions being represented, attendees are virtually guaranteed of making at least one valuable connection. All kinds of travel is also represented at the event, from adventure travel, activity holidays and safari holidays to cultural and heritage tourism, as well as business travel.

Following an international formula which has already proven successful, WTM Africa mirrors the structure of the WTM London and Arabian Travel Market in Dubai. Consequently, WTM Africa delivers a healthy mix of brands, invited media to provide exposure for the event, pre-scheduled appointments with travel experts and buyers, casual on-site networking throughout the day, scheduled evening functions, and travel trade visitors.

Still not sure how the event could potentially help you? Through all of this careful planning and structure, the event has been tailored to create opportunities for new sales leads, to launch new travel-related products, increase brand awareness, and gather market intelligence. The main draw card, however, is the chance for networking with key decision makers, developing new partnerships, and maintaining existing partnerships. In this industry in particular, it is not what you know, but who you know.

“The show is getting better and better. It is definitely a must-attend event, as it is the best way to improve business to SA,” remarked a representative at Incentive Meetings Events Industriestraße, Germany, who attended the event last year.

Heed the wise words of this representative, head to World Travel Market Africa 2018, and see your opportunities soar to new heights.

For more information, visit www.africa.wtm.com.

The tourism market can be tough, even for those already established in the industry. After all, networking and creating new opportunities is no easy task. World Travel Market Africa 2018 provides an occasion to do just this.
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Durban could be considered South Africa’s middle child: Johannesburg is ambitious and successful, picture-perfect Cape Town is the apple of everyone’s eye, and Durban, despite its many charms, is perennially overlooked. But thanks to homegrown entrepreneurs reviving the city’s creative spirit, Durban is finally stepping out of its siblings’ shadows.

**VIBES FOR DAYS**

It’s all about the “vaabs” in Durbs.

“It’s a good morning for some surf vibes.” “Time for coffee vibes.” “Braai vibes tonight?” You might even catch a photographer directing a model by asking for some “turn-your-head vibes.”

Good vibes are a defining feature of Durban, a seaside city where the beaches are beautiful, the water is warm, and sun is almost always blazing. Durban averages 320 days of sunshine a year, and whether in the form of an early-morning swim or a late-afternoon stroll, the beach is a fixture in most Durbanites’ daily routines. With all these stellar vibes going on, you might assume Durban is a sleepy, laid-back coastal town that’s the domain of surfers and beach bums. And while they do make up a sizable contingent of the population, in Durban, these surfers and beach bums also double as trailblazing entrepreneurs and artists.
But that easygoing vibe means making it as a creative in Durban is no easy feat, and the hustle here can be a lot harder than many other places. “Durban is a tough place,” says Andrew Rall, a host on Airbnb who returned home to the city in 1999 after a stint in the UK and is at the forefront of Durban’s creative revival. “It’s a great testing ground. If you can make it here, you can make it anywhere.”

**A COLLECTIVE OF CREATIVES**

If you were to do a census of talents in the booming advertising, media, entertainment, and fashion industries in Johannesburg and Cape Town, you’d discover that many key South African innovators have roots in Durban, but moved farther afield to make a name for themselves. These days, however, the tide is turning: Durban is thriving, with visionaries like Rall returning home and spurring a grassroots effort to revive Durban’s inner city and vibrant suburbs. Rall was one of the pioneers behind the Station Drive precinct, a small enclave that has, through the foresight of private developers, blossomed organically into the city’s de facto creative hub. There, you’ll find Rall’s own Distillery 031, ateliers for beloved and proudly local fashion labels like Terrence Bray and Jane Sews, shops, cafés, and a vibrant weekly market called Morning Trade. It’s also an epicenter for the city’s First Thursdays festivities, which feature live music, art exhibitions, and food trucks.

I ask Rall what’s luring expat Durbanites back home these days. “Places like this,” he replies without hesitation. “You need a community to be creative. With areas like Station Drive popping up, it’s viable as a creative person to be here. You can make a living and have a great lifestyle.”

**THE BEST OF WORK & PLAY**

Later that evening I dive into the Station Drive scene with Didi Sathekge, a host on Airbnb I meet up with to experience one of the monthly First Thursdays events. Over the next few days, I follow her from Station Drive to a coffee shop in Glenwood, to a gallery opening on Florida Road, and at every stop we’re interrupted by people stopping us to say hello to her: “I’ve become a Durbanite,” she proudly proclaims over a late-night bunny chow – the iconic South African street food created by Durban’s Indian community.
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during apartheid – at Hollywood Bets. “Being a Durbanite means you embrace balance within yourself. Because of the feel of the city, you get the best of work and play.”

Much of that balance has to do with the city’s best-known feature, that beguiling long stretch of golden sand. “The beach is the most democratic space – you’ll see women in hijab next to surfers in bikinis, homeless guys collecting recycling and born-again Christians conducting baptisms in the sea. Everyone shares the beach very happily because it’s the people’s playground,” says Raymond Perrier, a host on Airbnb with a sea-facing flat on Durban’s North Beach. Perrier, the director of the Denis Hurley Centre, is a UK expat who moved to Durban after stints in London, Johannesburg, and New York, and who rates it above all the rest. “It’s just the most interesting city. All of these circles keep overlapping: religions mix, ethnicities mix, races mix.”

**A CULTURAL COCKTAIL**

From the music to the art to the design, everything is influenced by the city’s intoxicating cultural cocktail. Durban’s diversity is what sets the stage for much of its distinctive flavour. The city is home to Zulu, English, and Indian cultures, and the result is a unique hybrid unlike anywhere else in the country, evident in everything from food and music to art. “If you like Africa, if you want to be in Africa, it’s a great African city,” Rall says. “You don’t have a monoculture, you’re not imitating what’s in Europe.”

The resulting creative culture is worlds away from what you’ll find anywhere else, even in Cape Town and Johannesburg – it’s less beholden to trends, more true to the city’s spirit. “Durban is a city that’s not driven by money, and people are motivated to do things out of love instead of pandering to what’s popular. It’s more honest,” says artist and singer Aewon Wolf. I meet him in the up-and-coming Rivertown district at a cavernous, light-filled warehouse he’s transforming into a lifestyle center where Durban youths can congregate to explore their talents – practice dance, record music, or paint and exhibit their work. “In other cities there’s so much money involved you tend to stick to trends. In Durban, even if you follow trends, you’re not going to make a lot of money anyway, so you might as well stick to what you like.”

Here, I witness Durban’s finest doing what they like across the city. In Rivertown, where I dance at a block party dominated by the city’s homegrown Gqom music; at the KwaZulu-Natal Society for the Arts in Glenwood, where talented local artists are on display in a sleek, airy space; at the I Heart Market on the grounds of the iconic Moses Mabhida Stadium, where I browse everything from...
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addresses to peri-peri sauce, all produced by local artisans; and in the Central Business District, where I watch local performers make spontaneous musical magic on a Saturday afternoon at Jameson’s Pub, a nondescript dive bar at the back of a shopping centre.

At Jameson’s I follow artist and musician Nivesh Rawatlal as he heads outside for a smoke break during a set, and ask him what defines the city’s creative spirit. “It’s that unique Durban voice – a taxi ride, a bunny chow,” he says. “It can be so many different things.”

**WALK THE TALK**

Spend a few days in the city and you’ll quickly acquaint yourself with that voice. Popular residential neighbourhoods like Morningside, Berea, and Musgrave are lined with elegant houses and apartment blocks almost hidden amid the lush greenery, but the most coveted real estate remains the Golden Mile. And hardly anything in Durban is more than 15 minutes away, which makes navigating it a breeze for residents and visitors alike.

One of the best ways to explore Durban is on a walking tour with Beset Durban. What began with a casual group stroll down the beachfront to learn about the city’s famed Art Deco architecture has morphed into a cult of locals passionate about reacquainting themselves with lesser-known quirks of their city. They often join tours by the hundreds. “It was an experiment that turned into a movement,” says co-founder Jonas Barausse.

“People come to a Beset walking tours knowing they’ll go down a rabbit hole,” adds co-founder Dane Forman, a photographer. “We’re getting people off their couches and onto the streets.”

Whether you explore by foot, car, cycle, or surfboard, all that matters is that you get out and soak up the energy that’s electrifying the city. “In Durban there are so many opportunities, you feel like if you flick a match it’s going to blow up,” says Rawatlal. You should get there before it does.  

**NOT YET TRENDING**

Not Yet Trending is an investigative story from inside Airbnb. Tipped off by guest travel data, they find up-and-coming destinations before anyone else does. To get the story, numbers can’t tell us, we go straight to the source: the hosts on Airbnb.
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Now the home of Adrian and Vanessa Vanderspuy, this 200-year old site is nestled in the magnificent Banghoek Valley, Stellenbosch. The Homestead at Oldenburg Vineyards is more than just a luxurious vineyard retreat – it is a little piece of history.

Hidden in the Cape’s Banghoek Valley (“scared corner”, so named due to the free-roaming leopards that lived in the area in times long since passed), Oldenburg Vineyards is a gem. Ten minutes outside of Stellenbosch and an hour away from Cape Town, the 200-year-old Homestead at Oldenburg Vineyards offers luxury accommodation in the heart of the Cape Winelands.

Set against the dramatic backdrop of the Groot Drakenstein Mountains, a Cape Dutch style, white double storey house greets you as you make your way down the neatly manicured gravel pathway. The manager opens the doors for you, and gets you settled into the six-bedroom cottage which is to be your home for the next few days.
Two housekeepers are on hand to look after the house and cater to your needs. High-pitched ceilings remind you of the history of the building, while the neutral colour palette of whites and beiges sets you firmly in the realm of the contemporary.

One of the most obvious contemporary statements is the state-of-the-art kitchen. While a private chef can be arranged for the duration of your stay, many guests opt instead to make the most of their gourmet surroundings, either by eating out at the various culinary hotspots in and around Stellenbosch and Franschhoek, or by cooking their own meals with fresh ingredients sourced from the local delis and weekend farmer’s markets.

**HOME COMFORTS**

If you do decide to eat in, your meals can be enjoyed gazing through floor-to-ceiling windows that frame views over the well-established gardens, olive groves, and vineyards. On warmer days – which are in no short supply in this area – light up a fire and enjoy an informal dinner or braai on the outdoor patio. For those who are brave enough, end the night with a dip in the private swimming pool at midnight.

When night time rolls around, retreat to the luxury of your bedroom, adorned with original art works, and switch on the air-conditioning or ceiling fan to get the room temperature just right, connect to the complimentary Wi-Fi, or switch on the flat-screen satellite TV, and enjoy a more than comfortable night in.

The en-suite bathrooms also have under-floor heating, ensuring constant comfort.

Ideally suited to accommodate a multi-generational family, a party of friends, or a corporate team on a luxurious team-building weekend, The Homestead consists of an upstairs master bedroom with en-suite bathroom and a twin-bedded room with its own bathroom, as well as four en-suite bedrooms downstairs, two of which are in a separate wing that could be used for children or couples seeking extra privacy.

No matter the reason for your stay, The Homestead at Oldenburg Vineyards provides a relaxing retreat reminiscent of a bygone era and characterised by exclusive luxury.

For more information, or to book your stay, please visit [www.oldenburgvineyards.com](http://www.oldenburgvineyards.com).
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RE-PRESENTING POWER PLAYS IN ART

Artist Carmen Ford

Graphic artist and designer, Carmen Ford, makes use of traditional print techniques, mixed-media work combining printmaking and flat gouache colour-blocks, as well as digital printing. Ford’s work is not only aesthetically pleasing, it also reflects and questions the country’s military legacy, while at the same time being cunningly playful and evocative.

Ford’s interest in drawing and painting began at an early age. She recalls painting with water on bricks and watching the images evaporate. “I also remember an evening sitting outside and watching a fire burn on the mountain. My mom was teaching me how to draw flames on old type-writer paper [the kind with the perforated edges] my dad would sometimes bring home from work. Art was also a favourite subject throughout school,” she adds.

Studying fine art after school was a risky move, but it was difficult for her to imagine herself in a corporate career, so she took the chance, only applied for a degree in fine arts, and was accepted.

In 2013, Ford moved to the history-steeped town of Port Alfred in the Eastern Cape. “It’s a tiny little coastal town. I had a hard time finding work that could support the artist side of me. I worked for the National Arts Festival [in Grahamstown] a couple of times and gained some really good experience. In 2015 I did a
short course in graphic design through GetSmarter at UCT. I can honestly say that it’s been a game-changer in that it has helped me earn a small living as a freelancer and it’s given me extra valuable skills to apply in my art practice.”

**FLYING MACHINES**

Ford’s most recent work draws from her family archive – a collection of her grandfather’s super-8 footage featuring the “power apparatus of the apartheid state”. Ford used the looped images of powerful flying machines and politicians as inspiration for her quirky drawings and prints. The helicopter and other military aircraft are a central motif in her work. She describes these machines as “metaphors for political systems of power”.

“It’s hard to pinpoint how flying machines, specifically helicopters, became a subject in my work. I feel like I’ve been thinking about it for a couple of years and that its appearance in my work happened organically. I recently started using it as minor references for social and political progress in present-day South Africa, as well as leadership ambiguities. Aircraft have also become a metaphor for abstract political systems of power that try to regulate happenings around us.

“A few years ago my grandfather’s super-8 films were converted to digital format. About 99% of the footage is family-related. The converted footage doesn’t appear chronologically or in any order that makes sense. Randomly, in-between, there are these jarring,
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out-of-place clips of different aircraft. One of these clips is of a helicopter landing, dropping men dressed in formal military uniform off at what looks like a trooping the colour event, and taking off again. There is no sound accompanying the footage so the mystery and feel of the imagery is both frightening and eerie,” she adds.

However, this power apparatus of the apartheid state is not the main subject in Ford's artworks. “I would rather say that it was a departure point that triggered my interest in flying machines and their different associations throughout history. It can stand for industrial, economic and technological progress, and at the same time these are machines built for terror and war, but they also carry the potential to bring relief. When one considers all these simultaneously in a socio-political context, it's quite overwhelming.”

**MARRYING DESIGN & ART**

Ford explains that her time at university gave her a really good understanding of printmaking and the different processes and techniques involved. “Both practices [printmaking and design] are quite similar in that there's a lot of trial and error and proofing in the process. There’s also an intrinsic connection or relationship between the two when one considers the history of the printing press, so in my mind they go together really well. Poster art and propaganda material from historical socio-political movements around the world is a really good example of this relationship,” Ford says.

As the subject of her recent work includes aircraft, she explains that she started reading up about the symbolism of aircraft in Soviet-era propaganda posters and it seems they were used to signify progress. “I still need to look into this further, but the idea excites me and it is generating a lot of creative possibilities that I’d like to work through.”

Ford explains that as a creative, her interest lies both in the printmaking medium and graphic design. “My approach to creating an image is as a printmaker and a designer. There’s definitely a struggle between having a finished print to be defined as ‘fine art’ and a print to be labelled as ‘designed’ material, but the tension here is great. The designer in me likes everything balanced in terms of line and colour and contrast, and the process of printmaking
Ford describes her work as deeply influenced by South African protest posters and Soviet propaganda material, and she is ultimately concerned and amused by the “bizarreness of leadership.”

Ford’s work has been featured in a number of local art fairs, including The Turbine Art Fair, FNB Joburg Art Fair and the Joburg Fringe. In 2016, she was a finalist in the David Koloane Award Mentorship Programme.

For more information on Carmen Ford, visit her gallery www.gunsandrain.com or email info@gunsandrain.com. Guns & Rain focuses on contemporary fine art from Southern Africa and represents and explores work by emerging as well as established artists. The gallery will soon be opening a newly-renovated space in Parkhurst, Johannesburg.
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TERRIFIC TANZANIA

A ‘How-To’ Guide

Tanzania, on Africa’s east coast, is arguably one of the continent’s finest safari destinations, offering a plethora of diverse options to experience the wildlife of Africa at its most authentic. Think of the great wildebeest migration, the plains of the Serengeti, the Ngorongoro Crater and Africa’s highest peak, Mount Kilimanjaro – all of this and more is what Tanzania has to offer as a safari destination. Gareth Hardres-Williams of Mammoth Safaris takes us on a whistle-stop tour of this safari heaven.

FAST FACTS

Tanzania – whose neighbours include Kenya, Uganda, Rwanda, Zambia, Burundi, the DRC, Malawi and Mozambique – has a population of 56 million. Over 100 different languages are spoken by more than 100 tribal groups, making this the most linguistically diverse country in East Africa. Tanzania is home to Africa’s largest lake, Lake Victoria, which is host to some incredible wildlife. Nearly 40 % of Tanzania’s land area is set aside for conservation, and a fair portion of this conservation land runs to the edge of Africa’s great lake.

The name Tanzania is derived from the two states that combined to create the republic in 1961, namely Tanganyika and Zanzibar. Zanzibar, oft thought to be a single island, is in fact the name of an archipelago, and the island that most
people loosely refer to as Zanzibar is Unguja – the largest island in the Zanzibar archipelago. Arguably Tanzania’s most famous export, Queen frontman Freddie Mercury was born in Stone Town on the island of Unguja.

**MIGRATION MOVEMENTS**

The annual wildebeest migration, that sees hundreds of thousands of wildebeest move in a circular pattern between Tanzania’s Serengeti and the Masai Mara of Kenya, is but one of Tanzania’s many wildlife attractions. The inevitable question always asked is, “When is the best time to see the migration?” Due to the fluid nature of this continuous event – it is not a once-off cross-country – predicting the exact position of the herds is somewhat tricky.

That said, there is a general pattern to the migration movements, but this is always heavily dependent on the seasonal rainfall. As a general rule, a year of migration movement looks like this:

- **November Rain (December to March):** Wildebeest move to the grass plains of the southern Serengeti to give birth. The rains that usually start in November spark this movement.

- **Scatterlings of Africa (April to June):** From April to June the herds can be found grazing in Tanzania’s Ngorongoro Conservation Area and in the southern reaches of the Serengeti. The wildebeest begin breeding, typically in May.

- **Splish, Splash (July to November):** This is typically the time when the herds need to head north across the Mara River, from Tanzania’s dry season and into Kenya. This river is home to vast populations of enormous Nile crocodiles who lie in wait for the crossing herds – this is a truly incredible spectacle but can also be quite harrowing to observe. This time is often cited as the best time to visit Tanzania, although the northern circuit is considered to be a year-round destination. One of the attractions of Tanzania is that there is no bad time to visit.

**SOME PLACES TO STAY WHILE GAME VIEWING**

Tanzania offers a world of choice for visitors, with game-viewing experiences offered across the length and breadth of the county. These also accommodate almost all budgets, from the self-drive to the super luxurious. Here are some lodges and experiences we recommend:
WE'RE THINKING BEYOND THE BOX
• **Namiri Plains, Central Serengeti:** Namiri Plains is a gorgeous tented camp in the central Serengeti with a spectacular and remote position that really gives one a sense of escape. The camp offers luxury and comfort, but the vast plains of the open Serengeti are the real attraction. Namiri is an ideal place to experience the massing herds of the migration.

• **Hatari Lodge, bordering Arusha National Park:** Mount Kilimanjaro is a central feature here, as the camp offers spectacular views of Africa’s highest mountain. The snow-topped peaks of both Kilimanjaro and Meru can be enjoyed from the treed viewing areas. Game drives into the neighbouring Arusha National Park offer wonderful sightings of plentiful wildlife, with particularly good elephant viewing on offer.

• **Little Oliver’s, Tarangire National Park:** As the name implies, “Little Oliver’s” is a small camp set deep in the Tarangire National Park. The camp is situated on the banks of the Tarangire River, and one need not stray too far from the camp’s deck to enjoy magnificent wildlife sightings. There are just five tented rooms in this intimate camp, all en-suite and offering outstanding service and attention to detail.

• **Sand Rivers, Selous Game Reserve:** Situated in the northern reaches of the Selous Game Reserve, the Sand
Rivers camp is the perfect base from which to explore this enormous wilderness. All the rooms are open-fronted with superb raised decks that look out onto the gentle curve of the Rufifi River. Activities here include game drives, walking safaris, fishing and boating.

**LOGISTICS**

There are direct and one-stop flights to Dar-es-Salaam and Kilimanjaro (near Arusha). Arusha is the starting point for Tanzania’s popular northern safari circuit. Kilimanjaro International Airport is situated just east of Arusha. Tanzania’s main airport is Julius Nyerere International Airport just outside Dar-es-Salaam. This airport is a perfect launching pad for the southern safari destinations. From Arusha or Dar-es-Salaam, you can easily fly or drive between reserves, or you could opt to do a bit of both. Most flights to the reserves leave from the much smaller Arusha Airport west of the town of Arusha.

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Our employees are the brains behind our whole operation and a huge driver of our success as an airline, which is why we want to reward them with some well-deserved recognition. Here are four staff members who have warmed our hearts this month.

**Anton Els**
**INDUSTRIAL ENGINEER, JOBURG**

Anton is a young, enthusiastic Industrial Engineer. He kicked off his career at Safair after also being a vocational student in his last year of studies. He’s been involved in quite a few projects for the company, including the major rollout of the new airport IT system along with Juan Biermann, always positive and excited about new challenges and always thriving toward efficiency. We appreciate his efforts in ensuring that each project he takes on is a success, doesn’t matter the hours required.

**Eslen Motlapapema**
**SUPERVISOR: FACILITIES MAINTENANCE, JOBURG**

Eslen is hardworking, dedicated, helpful and always takes pride in what he does. He completes every task with patience, and handles every situation with professionalism. One of our goals at FlySafair is to achieve the best customer care, to both passengers and staff. And Eslen helps us do this by offering the very best service to our staff and their facility maintenance needs. We are proud to have you as part of our team!

**Juan Biermann**
**MANAGER: NATIONAL AIRPORTS, JOBURG**

Juan is the Manager at all 7 of our airports. He is passionate, dedicated and everything he does is for The Love of Flying. Recently he played an integral role in the rollout of the new airport IT system, ensuring all staff was trained and ready for the crossover from the old system. Without his great effort, the rollout would not have been as successful as it was.

**Keenin Govender**
**CALL CENTRE AGENT, JOBURG**

Keenin is a Call Centre agent, who excels in all that he does. He is always polite, professional, efficient, respectful, and courteous on all of his calls. Keenin is extremely friendly and always has a smile on his face, which also assists him towards keeping his passengers happy and satisfied. Keenin has produced excellent results and answered the highest number of calls for 2 consecutive months, proving that where there is quantity there is quality as well. He recently started assisting passengers via other channels like email and WhatsApp. Keenin is a team player and truly an asset to our team. Keep it up, Keenin!
All children have the right to life – the right to be given the chance to live happy, healthy lives where they can thrive in their schools, communities and families. The right to no longer be made to engage in demands that exceed their young years, nor be ravaged by disease and plagues of ignorance. Sadly, the situation for children facing major global pandemics like HIV/AIDS continues to be a major struggle. Whilst huge progress has been made, and continues to be made, in the world-wide fight against HIV/AIDS, the developments for children and adolescents are lagging behind and the epidemic risks are at an all-time high. The facts speak for themselves, and are truly frightening.

According to UNICEF’s Seventh Stocktaking Report, 2016:
• Children living with HIV (aged 0–4) face the highest risk of AIDS-related death compared to all other age groups.
• Only half of HIV-exposed babies are tested for HIV by the recommended age of two months.
• Of the 1.8 million children under 15 living with HIV, only half are on treatment.
• More than 100 adolescents (10–19) died of AIDS every day in 2015.

An increased focus has got to be placed on this extremely vulnerable population, who are the very rock of our society’s future and deserve to be a top priority in the struggle against the disease. Children in every single region of the world are faced with the very real struggle presented by HIV/AIDS. As South Africans, we know this all too well. This includes those millions infected by the disease, but also those at the risk of infection and those suffering the massive consequences of having a family member or someone close to them with the disease.

Enter The Coalition for Children Affected by AIDS (The Coalition) — a truly exceptional group of global donors, United Nations agencies, non-governmental agencies, and independent experts whose main concern is the lack of attention being paid to these children. Founded in 2005 with just five founding members, The Coalition now has 23 UN agencies, NGOs, donors and academic organisations as well as four Ambassadors (experts of their own experiences with HIV/AIDS who represent those affected at a grassroots level). The Coalition aims to ensure that children and adolescents receive the global attention they so strongly deserve in order to survive and to thrive at home, in their schools and in their communities.

I recently had the privilege of meeting a remarkable and passionate woman by the name of Corinna Csáky, manager of The Coalition. Csáky lives in the United Kingdom, and began working with children in extreme poverty in Ecuador over
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20 years ago. Since then, she has lived and worked with children and families in Ethiopia, Sudan, South Sudan, Colombia and Peru, and continues to be deeply inspired by both the tragic injustices facing these children and their incredible resilience and ability to spearhead change despite their dire circumstances.

**Julie Graham (JG): What does The Coalition do?**

**Corinna Csáky (CC):** The Coalition advocates better policies, practices and funding for children affected by HIV/AIDS. We host influential global conferences, speak at major HIV events, compile critical evidence, produce cutting-edge reports, and make expert recommendations towards major global policies and decisions. We also support a growing number of Ambassadors from HIV-affected communities around the world to speak at the global level.

**JG: What have been some of the key challenges faced in getting your message across?**

**CC:** A key challenge has been to persuade others that it takes more than medicine to tackle HIV/AIDS in children. Children need a range of biomedical, social and economic support to enable them to avoid and survive HIV/AIDS. For example, in order to take HIV medication, a child needs a healthy diet and the support of an informed parent or carer. Using critical scientific evidence and speaking alongside families living with HIV/AIDS themselves, The Coalition, together with our friends and partners, has successfully influenced many major donors and policy-makers to acknowledge the importance of supporting the “whole child”.

The key challenge now is to find the resources to deliver this holistic approach. As part of this we must persuade those working other issues – social equality, education, health and poverty – to target children and families in areas of high prevalence of HIV. We need to pool our resources and expertise so that the HIV sector and other international development sectors work together more effectively for children.

**JG: What have been some of the most memorable moments of your time in The Coalition?**

**CC:** Our Ambassadors from South Africa, Uganda and Malawi are cherished members of The Coalition. The first time I saw them speaking at a global level so passionately and effectively – about personal stories as well as complex policies – I was tremendously proud, both of them and of the work that our other members do to support them.
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JG: What are some of The Coalition’s goals in the near future?
CC: A central goal for 2018 is to harness the momentum around the Sustainable Development Goals (SDGs) [see sidebar] for the benefit of children and families affected by HIV. Governments have committed to delivering the SDGs and we are developing a range of tools to help people working at all levels – from the community to the global level – to support their governments and to hold them to account, with and on behalf of children affected by HIV/AIDS.

JG: What is your message to global leaders?
CC: Children affected by HIV/AIDS are central to achieving commitments to international development, HIV, and human rights. These can only be achieved by providing children and families in areas of high HIV burden with an effective combination of medical, social and economic support. Listen to these children and their communities, and support them to be champions of change.

JG: How can our readers help?
CC: The public plays a vital role. Firstly, they can donate to any reputable charity supporting children and families in areas where HIV/AIDS is prevalent – this could be a local community organisation or a global charity. Secondly, they can join any campaign actions proposed by these charities, such as signing a petition or writing to their political representatives. And finally, they can talk about and promote inclusive, empathetic and equal views in their own families and communities and tackle the stigma associated with HIV/AIDS.

For more information, and to read more about the brave Ambassadors and their personal stories, please visit www.childrenandhiv.org.
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For the 11th consecutive year, Plastics|SA’s Sustainability Manager, John Kieser, will be coordinating clean-up crews who will be working around the clock to keep the routes and surrounding areas used for the 40th Cape Town Cycle Tour (11th March) and the 49th Old Mutual Two Oceans Marathon (31st March) clean and litter-free.

“Teamwork is the beauty of sport, where individual team members become selfless and act as one towards a common goal. This year, our group of more than 200 cleaners who have been employed from various townships in and around Cape Town – including Joe Slovo, Kayamandi, Masiphumelele, Ocean View and Khayelitsha – will once again demonstrate what can be achieved through unity, teamwork and collaboration when they sweep the routes by picking up all the water and energy drink sachets used by the athletes, or litter left behind by the spectators, with as little disruption to the events or the traffic as possible,” Kieser says.

The majority of the waste collected during these events is plastic waste, which has a high recycling value. Several truckloads of plastic waste are collected and recycled annually at these events. Food waste is sent to Noordhoek for composting, whilst all non-organic event waste collected during the marathon is recycled and upcycled into unique school desks for under-resourced schools as part of the event’s #GoGreen campaign.

“Over the years, the active and visible involvement of the Plastics|SA clean-up team and the PETCO branded bins and truck at these events has helped to create an awareness of the plastics industry’s dedication to keeping plastic litter out of the environment,” Kieser says. He adds that the City of Cape Town plays a major role in boosting their clean-up efforts by ensuring that the routes for these annual events are cleaned prior to the race days.

“This year’s ongoing, severe drought has presented a harsh reality for the event organisers, stakeholders and participants. However, being the two premier events on the province’s calendar, the events play an important role in the economic growth of the city and the province, as well as provide much-needed funds for the many charities that partner with and benefit from them. The plastics industry is proud to work alongside the organisers who are committed to waste management and recycling, and are doing everything in their power to ensure these iconic events take place with as little impact as possible on the municipal water supply and the environment,” Kieser concludes.

For more information, visit www.plasticsinfo.co.za.
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HOME IS WHERE THE SMART IS

How Will We Live in 2025?

By 2020, UberAir plans to run air taxis in at least three big cities – Dallas, LA and Dubai. If these get off the ground, a transportation revolution could be sparked that could lead to the rise of airborne cities like those in movies like *The Fifth Element* or *Blade Runner*. Add to this artificial intelligence, environmental issues, and the sharing economy, and it seems fairly certain that the way we live, where we live and how we build our homes is heading for a dramatic evolution.

*Crispin Inglis, CEO of smart online real estate agency PropertyFox, believes that as early as 2025 homes could look vastly different: “The speed of technological development is just too rapid to ignore, and because of the long-term nature of property investments – people own their homes for an average of 10 years – planning now for the future is critical. So if you are renovating, buying or building a home, or if you are a property developer, designing for the future, rather than the now, is the smart thing to do.”

PropertyFox has analysed some of the biggest trends, issues and tech currently impacting us and believes that by 2025 our homes could have evolved in some of the following ways.

**WATER. WATER EVERYWHERE**

Even after Cape Town emerges from the current crippling drought, our water woes will not be over. South Africa is one of the 30 most water-scarce countries in the world. Relying solely on our municipality for water supply won’t be sustainable into the future, so houses will need to have built-in rainwater tanks and double-reticulation greywater systems. The popularity of large gardens and pools will diminish and we may even see the disappearance of the water-guzzling bathtub in favour of showers that automatically turn off after two or three minutes.
**ROOM-MATES THAT YOU ALWAYS GET ON WITH**

Alexa – Amazon Echo’s SmartHome assistant – will become your best room-mate ever. She won’t finish the milk, hog the bathroom or bring home her smelly boyfriend. Instead, Alexa will read you the news, answer even the trickiest questions, take phone calls, control lights, open curtains and update shopping lists. Alexa the bot will become a valuable part of the family, so you’ll want to rig your house up to be smart enough to allow her to reach her full potential.

**GARAGES WILL GO**

Eventually, it is possible that there will be “helipads” purpose-built on rooftops. But even if personal air transport doesn’t “take off”, Uber, Taxify and lift-sharing apps will almost certainly catalyse a big decline in car ownership. As a result, the space previously used for the garage won’t be needed, so we’ll either see smaller plots or the garage area being diverted for other uses.

**HOMES BUILT FOR SHARING**

Perhaps the portion of the property previously used to house cars will now be a separate entrance to welcome Airbnb guests, who could help cover the bond and running costs of the home.

Another possible modification could be that some aspects of a home, like storage, become purpose-built for sharing. Currently a lot of people rent out their homes for short periods over December and January, and they have to laboriously pack up all their personal possessions so that the house feels like a holiday home to guests. A neat solution is to install rotating cupboards that can move the host’s private possessions to the back at the click of a button, with pristine empty shelving, guest towels and linens moving to the front for guests.

**THE COOL KIDS MAY AGREE TO LIVE FURTHER AWAY**

The combination of air taxis, self-drive cars, car-sharing apps and Uber, means there’ll be fewer cars on the road by 2020, which will likely mean fewer traffic jams. This may mean that a city’s trendy crowd will be comfortable living further out of town, and new areas will spring up full of good restaurants and bars.

**MULTI-PURPOSE ROOFTOPS**

If food prices continue to balloon, more and more people will start growing their own produce. With gardens shrinking, it is likely rooftops and vertical spaces will be used to plant vegetable and herb gardens.

To keep ecommerce purchases delivered by drone safe, there may be special landing hatches on the roof, possibly even
refrigerated ones for food deliveries. As the drone pulls in, you can open the hatch remotely via your smart device – or Alexa can do it while she waits for you.

**IT’LL CURE YOUR FEAR OF COMMITMENT**

Trend forecaster Dave Nemeth says that a cool future feature is “on command interior design”. Through LED and projection technology you will be able to change the look of your house on a daily basis. One day you can project rose gold wallpaper onto your lounge feature wall, and when that trend moves on you can go ahead and switch to a smoky blue paint effect. Where you place your TV will also be less of a major decision as mobile projectors will allow you to stream Netflix on any wall or surface around the house.

**APP-DRIVEN EVERYTHING**

Buying and selling everything – from clothing to property – is likely to be app-based. PropertyFox, for instance, is already launching a user-friendly dashboard allowing sellers to pick from a selection of services like home staging, home cleaning or bond applications. It also lets sellers keep up to date on viewing and responses, and allows them to easily compare their home’s evaluation to other properties of similar size and value on the system.

PropertyFox is South Africa’s leading smart online real estate agent. A unique feature of the PropertyFox model is that all information is actively shared with the seller. PropertyFox handles all logistics, scheduling and security vetting. Sellers only have to show their home at a time that is convenient to them. For more information, call +27 21 286 1150 or please visit www.propertyfox.co.za.

**WHAT CAN YOU EXPECT TO PAY FOR A HOUSE IN 2025?**

Using PropertyFox’s smart evaluation tool – which crunches property data from each area to calculate the best possible price point for a home – and applying an escalation rate based on the pattern over the past eight years, the average price of a house similar to the one described would escalate as follows:

**Bryanston, Johannesburg**
Cost of an average home in 2017: R4.6 m
Cost of an average home in 2025: R7.5 m

**Vredehoek, Cape Town**
Cost of an average home in 2017: R4 m
Cost of an average home in 2025: R18.4 m

**Parktown North, Johannesburg**
Cost of an average home in 2017: R4.2 m
Cost of an average home in 2025: R7.6 m

**Umhlanga, Durban**
Cost of an average home in 2017: R3.825 m
Cost of an average home in 2025: R5.4 m

**Camps Bay, Cape Town**
Cost of an average home in 2017: R15.675 m
Cost of an average home in 2025: R55 m

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In 2011 Andre Jooste and Paul Butschi, two cool dudes with big dreams, launched Cool Ideas – one of South Africa’s youngest and most innovative IT and internet service providers. These two mavericks saw Fibre-to-the-Home (FTTH) technology on the horizon while others were still configuring life on a black-and-white spreadsheet.

They set out to provide the latest in high-speed, uncapped and unshaped Internet technology – not only at an affordable rate but backed up with the coolest customer service by the coolest teams, countrywide.

Starting out with just four cool peeps in a small office in Johannesburg, Cool Ideas has expanded to a team of nearly 50, and recently moved into bigger offices in Rosebank, Johannesburg. Not resting on their laurels, their technology and support is now also available in Cape Town and KwaZulu-Natal too.

Cool Ideas is one of the few ISPs that offers services on almost any open access network available nationally. They joined forces with over 16 big operators – including Vumatel, Dark Fibre Africa and OpenServe – to supply the first roll-out of FTTH technology to various suburbs, offering innovative, world-class connectivity and support.

MyBroadband recognised Cool Ideas in their third quarter Users Survey of 2017 as the top-rated ISP in South Africa – based on affordability, network quality, billing and support of their ADSL, VDSL, fibre, and mobile ISP. They were also one of four ISPs in the running for ISP of the year in 2017 – how cool is that?

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For most South Africans, meat is at the centre of each meal. In fact, its significance is so great that we even have a day dedicated to our favourite national pastime: the braai. A braai typically represents a whole lot of things, namely a place for family and friends to gather, enjoy a tipple and cook food. But let’s be honest – it’s mostly about the meat.

It is no secret that eating meat has a definite ritual significance in both traditional and modern South African culture and that meat production is a booming business. In fact, farming livestock makes up the biggest part of South Africa’s agricultural production, contributes greatly to the economy, and creates thousands of jobs each year.

**SO WHAT’S THE PROBLEM?**

It has become increasingly obvious over the years that the number of organic consumers and natural health advocates is on the rise. “Climate Hawks” are investigating more thoroughly the fundamental causes of the undeniable fact that our planet is warming. Global warming is real and we have reached a stage where we simply can’t deny it any longer.

Of all the facts, one of the most sobering of the lot is that the major cause of man-made global warming is the world’s industrial food and farming systems, otherwise known as Confined (or Concentrated) Animal Feeding Operations (CAFOs), a term coined by the United States Environmental Protection Agency (EPA). In a nutshell, modern livestock agriculture is burning up our planet.

**LET’S LOOK AT THE FACTS**

We know that food and climate change are inseparably linked and that our diets are a major source of greenhouse gas emissions. But just how much? According to a 2015 article in *The Guardian* entitled “Eating less meat isn’t just good for you, it could save the planet”, University of Oxford PhD graduate, Adam Briggs, explains that agricultural emissions are thought to account for around 30% of global emissions, with livestock...
Boycotting food products from factory farms in exchange for more environmentally-friendly alternatives is already a huge step in the right direction.

responsible for half of these. Not only that, but food production is responsible for 70% of all human water use.

Producing just 1 kg of beef requires 15,000 litres of water, five square metres of land, and results in 30 kg of greenhouse gas emissions. Rearing livestock accounts for 45% of the planet’s land surface and animal agriculture is the leading cause of species extinction, ocean dead zones, water pollution, and habitat destruction.

This can be attributed to the nearly 65 billion domestic animals worldwide — including cows, chickens and pigs — that are crammed into CAFOs and emit more greenhouse gases into the atmosphere than the entire global transportation industry. The methane released from billions of imprisoned animals on factory farms is 70 times more damaging per ton to the earth’s atmosphere than CO2.

To put into perspective just how much methane is circulating, a study in the 2014 documentary film Cowspiracy revealed that every minute, seven million pounds of excrement is produced by animals raised for food in the United States alone. And these factory farms are not just a disaster for the planet — they are also huge health hazards for us. Think about it. The intensive and reckless use of growth hormones and antibiotics as well as pesticides and fertilisers are not only consumed by those with carnivorous preferences, they also find their way into the waterways, affecting everyone.

WHAT CAN WE DO?

Coming from one of the most carnivorous nations on the planet, it is unlikely to assume that everyone who comes across these facts is going to be motivated to ditch the dairy and adopt an eco-friendly vegan lifestyle. It is also not a viable option for most, considering the increasing costs of living a healthy lifestyle. But there are some measures that can be taken to make a difference and at this stage of the planet’s peril, every little bit of effort counts. Boycotting food products from factory farms in exchange for more environmentally-friendly alternatives is already a huge step in the right direction.

A few more considerations are:

Eat LESS meat. If you really can’t give up the stuff, try going meat-free for just one day a week (#meatfreemondays), or simply consider making meat less of a staple in your diet. Beans and legumes are healthy alternatives to meat protein and there is a seemingly endless variety of veggie burgers on the market.

Buy local. This is a great way to minimise the environmental impact of your food. Socially responsible, small-scale farms that produce healthy meat, eggs and dairy products using humane methods and are focused on local markets are the way to go. No need to get your beef hauled from the other side of the world. Just ask at your local butcher shop and support the local industries that are doing good.

Go organic. The meat from organic livestock that have access to the outdoors are rarely supplemented with antibiotics or growth hormones. Be aware of the use of antibiotics and check labels. Educate yourself on what you’re consuming. The negative impacts of factory farming will soon put you off for life once you understand what is going into the meat they’re churning out.

With the population of the planet predicted to reach nine billion by the middle of this century, we simply cannot afford to be reckless. Supporting unhealthy and environmentally disastrous farming systems simply has to stop and we, as consumers, owe it to the earth to start making healthier, more sustainable food choices. The wealth of information available to us means that we have no excuse. Educate yourself, pay it forward and pop a few healthier alternatives onto your next braai. ✉️
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New Toyota Yaris

Accustomed to being the top seller in virtually every model range it produces, Toyota SA must find it particularly frustrating that its B segment Yaris continues to struggle against its rivals – Volkswagen’s Polo and Hyundai’s Grand i10 – when it comes down to sales. However, they are hoping that this may change with the recent launch of the latest Yaris, now with a 1.5 litre motor which delivers 12% more power than the previous 1.3 litre, and is also claimed to offer 12% better fuel economy.

NEW DESIGN

The new Yaris, from most angles, is an attractive car. The rear carries some Peugeot 3008 characteristics, and the front is suitably impressive and slightly menacing, but I was troubled by the excessive frontal overhang in an era when most manufacturers are now placing all four wheels right on the corners. It’s also noteworthy that new Yaris is some 165 mm longer than the outgoing model.

The vehicle has a wide and stable stance and a low centre of gravity – all based on an excellent chassis which plays a major role in the car’s responsive handling and stability under high-speed cornering.

The designers have gone to great lengths to present the Yaris as an all-new vehicle as opposed to a mere face-lifted one. In size, it almost matches the Corolla – something that will appeal to first-time buyers who will feel happy that they’re getting a vehicle which looks more expensive than its price tag suggests.
STEP INSIDE

The seats, in a combination of durable cloth and leather, are firm and hold the driver and front passenger in place under hard cornering. The six-speed manual gearbox and the pleasantly light clutch action are Toyota trademarks. Unfortunately, the steering wheel – well-shaped and the correct thickness – is only adjustable for reach.

Smartphone users will applaud the seamless link-up with Android and Apple CarPlay, and an easy-to-operate sound system activated by a user-friendly touchscreen. However, the Bluetooth pickup mounted on the steering wheel boss resembles an old-fashioned afterthought. The USB port takes care of charging needs as well as serving as a linkup with the sound system and Google Maps. Legroom, thanks to the 165 mm increase in length, is generous, and the 351-litre luggage compartment is more than adequate.

All models have front and rear fog lamps, air conditioning, 15” alloy wheels, front and rear power windows, and remote central locking.

SAFETY

The entry-level Pulse offers vehicle stability control, ABS brakes (discs in front and drums at the rear), and driver, passenger and
The new Yaris has a multi-talented personality in that it’s perfectly at home in city traffic, with enough power and luxury to serve as a long-distance tourer.

Side airbags, while Pulse Plus adds curtain and driver knee airbags, as well as projector headlamps and cruise control.

The vehicle itself has a significantly strengthened body for additional passenger protection in the event of a crash.

**The Drive**

In a sense, the new Yaris has a multi-talented personality in that it’s perfectly at home in city traffic, with enough power and luxury to serve as a long-distance tourer. It’s directionally stable, unlike previous generation Corollas, but it’s a rather high-revving engine with an indicated 120 km/h highway cruising speed taking up some 4,000 r/min.

The launch drive through the Tugela Valley from Pietermaritzburg to Zimbali on the coast proved that the fairly direct electric power-steering enabled the Yaris to become a pothole dodger of note.

It’s a quiet vehicle with minimal wind intrusion, and the fairly willing 1.5 litre engine (82 kW and 136 Nm) is claimed to have a top speed of 175 km/h.

**Final Say**

Prices start at R199,000 for the entry-level 1.0-litre, three-cylinder, which we did not drive. The 1.5-litre Pulse with a six-speed manual transmission is R228,700, and the CVT automatic version comes in at R241,400. The range tops out at R249,600 for the Pulse Plus CVT, and apparently there’s also a hybrid heading our way.

Despite the sound Toyota reputation, a three-year/100,000 warranty, and a three-year/45,000 km service plan, the Yaris will have a tough fight on its hand with the recent launch of the Volkswagen Polo and VW Vivo, as well as the recently launched Hyundai i10. Built in Thailand, it’s a reasonable value-for-money kind of vehicle, but plays in a market segment where the opposition is tough and frequently offers better value for money.
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Smiling Could Improve Your Running Endurance

For athletes of all levels, endurance – how long they can keep going at their chosen sport – is made up of both physiological and psychological factors. Physiological factors include cardiovascular fitness, and how efficient an athlete is at using energy, in other words their “movement economy”. A critical psychological factor, on the other hand, is perceived effort, or how hard we feel we are working during an activity. The lower our perceived effort, the easier we feel that an activity is.

Crucially, any strategy that reduces how much an athlete perceives it to be an effort generally has a positive effect on endurance performance. One of the more surprising approaches could be to deliberately manipulate one’s facial expression. As peculiar as it may seem, many top athletes, including Olympic marathon gold medallist Eliud Kipchoge, strategically use periodic smiling during performance to relax and cope.

In addition, research has also suggested that in comparison with frowning, intentional smiling may reduce effort perception during physical activity. However, until we began our latest investigation, no study had looked into the actual effects of facial expressions on movement economy or perceived effort during endurance activity that has a longer duration.

**RUNNER RESEARCH**

We asked 24 club-level runners to complete four six-minute running blocks on a treadmill. Each six-minute run was performed during a single session, with a two-minute rest between each bout. During each run, participants either smiled (specifically a real or “Duchenne” smile, and not a fake smile), frowned (runners mimicked their own facial expression during intense running), attempted to consciously relax their hands and upper body (by imagining they were holding a potato chip but trying not to break it), or adopted their normal focus of attention during running.

Each participant also wore a breathing mask that allowed us to measure how much oxygen they consumed while running. By
measuring the oxygen, we could work out how much energy the runner had used. After each run, we asked participants to report on a number of perceptual responses, including their perceived effort during the preceding six minutes.

Our key finding was that participants were most economical—in other words they used less energy—while smiling. Remarkably, participants were 2.8% more economical when smiling rather than frowning, and 2.2% more economical in comparison with the normal thoughts condition. These reductions would be enough to expect a meaningful improvement in performance in race conditions.

Participants also reported a higher perceived effort when frowning rather than smiling, or when attempting to relax their hands and upper body.

Collectively, these results suggest that smiling may be a beneficial strategy to improve running economy, and to reduce perception of effort in comparison with frowning. In contrast, not only does frowning reflect effort during physical activity, but may actually, in turn, increase our perception of effort.

But why exactly did facial expression impact the runners’ economy and perceived effort? Interestingly, our findings are supported by the concept of embodied emotion—the idea that adopting a facial expression can influence how emotions are experienced.

We also know that relaxation strategies can improve running economy. So smiling may increase relaxation among runners, while frowning may increase tension. More deliberate relaxation techniques may need some practice to be effective, however, perhaps explaining why the conscious relaxation cues did not improve running economy in our study.

### Improving Your Performance

So what are the practical implications of this study? And how can you use this research to improve your own running performance? One implication is that smiling may be a useful strategy to improve economy and to make you feel more relaxed during running. In contrast, frowning may increase tension and make your run feel harder.

There are many questions we still need to answer; however. Firstly, how long should you smile for? Like Kipchoge, are periodic 30-second bouts of smiling sufficient, or do we need to smile continuously like the runners in our study did? Secondly, does smiling also work during other endurance activities, like cycling or rowing? Finally, can a simple relaxation cue—to imagine delicately holding a chip between your fingers—improve running economy with practice?

A longer training study might answer these questions but, for now, our recommendation is to pay some attention to your facial expression and to smile as much as you can during your run. Even when the miles seem gruelling, try to focus on pleasant memories, beam and say hello to people as you run past, grin at cameras on the sidelines—or even a small smile to yourself when you complete each mile will work too.
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LARGER & MORE SPORTY

Improving a car which has been around for more than six decades, and which has consistently topped the passenger-car sales charts for the past seven years, is no mean feat. Using the multi-application MQB platform as a base, the new Polo is 81 mm longer than the outgoing model, the wheelbase has been stretched by 92 mm, while the height has been reduced by 8 mm. This may not sound like much in the conventional sense of the word, but it is both significant and dramatic when a width increase of 69 mm is also added to the equation.

These dynamic new proportions now make the Polo appear considerably larger, without compromising on head room for
taller passengers. The legroom has also been increased and luggage space is now an adequate 350 litres without having to fold the rear seats flat.

**UNDER THE BONNET**

The Polo’s more masculine and powerful looks may, however, count against it. This is for the simple reason that such an aggressive-looking car should, one would think, have a 2.5-litre V6 under the bonnet, instead of the turbo-enhanced 999 cc three-cylinder which forms part of the package.

Volkswagen’s decision to use only one engine size will remain a talking point for some time. It’s available in two output configurations: a 70 kW which also churns out 175 Nm of torque, and a more muscular version which manages 85 kW and 200 Nm of torque.

Driving both versions during launch, it soon became clear that the 70 kW version with its five-speed manual gearbox would be the most popular model. Power output was smooth and linear; acceleration and overtaking presented no problems and, in fact, the seven-speed DSG gearbox (which I adore) was a disappointment when used together with the 85 kW version. Gear selection seemed vague, and one always had the impression that this combination was underpowered. The price difference between the 70 kW manual Trendline (R235,900) and the 85 kW Highline DSG at R392,200 will, in my view, be a step too far for the average consumer.

**GOODIE BAG**

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**FINAL SAY**

Buyers will enjoy the three-year/120,000 km warranty, the three-year/45,000 km service plan, fuel consumption which rarely goes over 5 l/100 km, and build quality that continues to enhance the Polo’s reputation as a solid, value-for-money purchase. Volkswagen SA may have some work to do, though, in convincing a sceptical, big engine-preferring buying public that three cylinders can do the job just as well as six. Let’s hope they get it right.

“These dynamic new proportions now make the Polo appear considerably larger, without compromising on head room for taller passengers. The legroom has also been increased, and luggage space is now an adequate 350 litres without having to fold the rear seats flat.”

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### CAPE TOWN - PORT ELIZABETH

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FlySafair reserves the right to change, suspend or amend this published schedule without prior notification. Every effort will be made to operate as per the planned schedule.

* Please check our website www.flysafair.co.za for additional departure dates and times.
DRINKS

**Cold Drinks**
- Coke, Coke Light, Fanta Orange or Sprite
  - R15.00

**Fruit Juice**
- Apple or Orange
  - R10.00

**Beers**
- Castle Lager, Castle Lite or Black Label
  - R25.00
- Devil’s Peak Lager
  - R30.00
- Hunter’s Dry
  - R25.00

**Appletiser**
- R25.00

**Cider**
- Hunter’s Dry
  - R25.00

**Drinks**
- Water
  - Still (500ml) or Sparkling (330ml)
  - R15.00
- Fruit Juice
  - Apple or Orange
  - R10.00
- Cappuccino
  - Regular
  - R20.00
- Coffee
  - R15.00
- Tea
  - Five Roses & Rooibos
  - R15.00
- Hot Chocolate
  - R20.00
- Wine
  - Merlot or Sauvignon Blanc (187ml)
  - R40.00

**Snacks**
- Water
  - Still (500ml) or Sparkling (330ml)
  - R15.00
- Fruit Juice
  - Apple or Orange
  - R10.00
- Cappuccino
  - Regular
  - R20.00
- Tea
  - Five Roses & Rooibos
  - R15.00
- Hot Chocolate
  - R20.00
- Wine
  - Merlot or Sauvignon Blanc (187ml)
  - R40.00

**Visuals are for descriptive purposes only and meal served may vary.**

**Please note:**
- All the items on our menu are subject to availability. Card payments are accepted, but should your card decline, you will need to pay cash. If you would like any allergy or ingredient information please talk to one of our friendly crew. By law we are prohibited from selling alcohol to anyone under the age of 18.
- Consumption of your own alcohol is strictly prohibited on our flights, and if caught, it will be confiscated. Passengers are allowed to transport alcohol in the cabin, but they may not open or consume it on board. We do, however, have a few tasty wines and beers for you to enjoy.
**NEW** Now you can purchase any of our delicious refreshments using your debit/credit card!

Please note: All the items on our menu are subject to availability. Card payments are accepted, but should your card decline, you will need to pay cash. If you would like any allergy or ingredient information please talk to one of our friendly crew. By law we are prohibited from selling alcohol to anyone under the age of 18.

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---

**SNACKS**

---

**IN THE MORNING**

- **Bacon and Egg Roll**  
  - R40.00

- **Vegetarian Roll**  
  - R40.00

- **Chicken Mayo Bagel**  
  - R35.00

**IN THE AFTERNOON**

- **Chicken Mayo Seed Roll**  
  - R40.00

- **Vegetarian Roll**  
  - R15.00

- **Pastrami and Cheese Roll**  
  - R15.00

---

**Beers**

- **Castle Lager**  
  - R25.00

- **Castle Lite**  
  - R15.00

- **Black Label**  
  - R35.00

---

**Cold Drinks**

- **Coke**, Coke Light, Fanta Orange or Sprite  
  - R25.00

---

**DRINKS**

- **Still Water**  
  - R15.00

- **Sparkling Water**  
  - R10.00

- **Fruit Juice**  
  - R15.00

---

**Wine**

- **Merlot**  
  - R40.00

- **Sauvignon Blanc**  
  - R10.00

---

**Tea**

- **Five Roses & Rooibos**  
  - R15.00

- **Cappuccino**  
  - R20.00

---

**Jelly Tots**

- R15.00

**Biltong**

- R35.00

**Crisps**

- Various flavours  
  - R10.00

---

**Salted Peanuts**

- R5.00

---

**Chocolates**

- R15.00

---

**NEW Now you can purchase any of our delicious refreshments using your debit/credit card!**
TOMB RAIDER

Cast: Alicia Vikander, Dominic West & Walton Goggins
Director: Roar Uthaug

Lara Croft is the fiercely independent daughter of an eccentric adventurer who vanished when she was scarcely a teen. Now a young woman of 21 determined to forge her own path, she refuses to believe that he’s truly gone. Leaving everything she knows behind, Lara goes in search of her dad’s last-known destination: a fabled tomb on a mythical island that might be somewhere off the coast of Japan.

THE 15:17 TO PARIS

Cast: Spencer Stone, Alek Skarlatos & Anthony Sadler
Director: Clint Eastwood

The 15:17 to Paris tells the real-life story of three men whose brave act turned them into heroes during a high-speed railway ride. On 21st August 2015, the world watched in stunned silence as the media reported a thwarted terrorist attack on Thalys train #9364 bound for Paris – an attack prevented by three courageous young Americans travelling through Europe. The film follows the course of the friends’ lives, from the struggles of childhood through finding their footing in life, to the series of unlikely events leading up to the attack.

GRINGO

Cast: David Oyelowo, Charlize Theron & Joel Edgerton
Director: Nash Edgerton

Mild-mannered pharmaceutical company executive Harold Soyinka takes a business trip to Mexico, where he discovers that his cutthroat bosses have been selling the bioengineered marijuana product Cannabax to a brutal cartel kingpin known as The Black Panther: Targeted by the Black Panther, who hopes to gain access to the Cannabax formula, Harold disappears. Pursued by an army of attackers, Harold crosses the line from mild-mannered citizen to wanted criminal. An action-comedy rollercoaster ride, Gringo takes the concept of adventure travel to a whole new level.

READY PLAYER ONE

Cast: Tye Sheridan, Olivia Cooke & Mark Rylance
Director: Steven Spielberg

Set in 2045, the world is on the brink of chaos and collapse, but people have found salvation in the OASIS, an expansive virtual-reality universe created by the brilliant and eccentric James Halliday. When Halliday dies, he leaves his immense fortune to the first person to find a digital Easter egg he has hidden somewhere in the OASIS, sparking a contest that grips the entire world. When an unlikely young hero decides to join the contest, he is hurled into a breakneck, reality-bending treasure hunt through a fantastical and dangerous universe.
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